

February 2023





940 London Avenue, Suite 1800

Marysville, OH

Voice: 937-644-1010 Option 5

Fax: 937-644-8700

https://www.unioncountyohio.gov/senior-services-home

Transportation for Seniors

Union County Senior Services wants to ensure Union County residents 60 years of age or more are getting their transportation needs met to the best of our ability with available resources. UCATS, A Way Out, Legends Lift & Transport, and WINGS are contracted to transport seniors to their activities of daily living (medical, shopping, banking, legal, exercise, library, miscellaneous civic needs, etc.) and activities of socialization free of charge to the senior. The only eligibility criteria is to be 60 years of age or older and a resident of Union County. There is no cost for the riders. Below is the contact information for transportation.

- **UCATS** call 937.642.5100 to schedule a ride or complete a request online at www.unioncountyohio.gov/ucats
- **A Way Out** call to schedule at 614.381.1979
- Legends Lift and Transport call to schedule at 937.358.2024
- **WINGS** call to schedule at 937.642.9555

ALZHEIMER'S PL ASSOCIATION

Schedule an appointment with Lindsay Blackburn, LSW, to learn about available resources Alzheimer's and Dementia by calling (614) 643-2132 or lsblackburn@alz.org

- February 1: 11am-1pm Richwood Civic Center, 235 Grove St, Richwood OH
- February 7, 14, 21, 28: 9:30am-3:30pm Union County Senior Services, 940 London Ave, Marysville OH
- February 13, 2pm Education Understanding Alzheimer's and Dementia, Helen Evens Apartments, 821 Milcrest Dr., Marysville. To register, call 800-272-3900 or email HJepsen@nationalchurchresidences.org

WHAT IS 988?

www.fcc.gov

"988" is the three-digit, nationwide phone number to connect directly to the 988 Suicide and Crisis Lifeline. By calling or texting 988, you'll connect with mental health professionals with the 988 Suicide and Crisis Life-

988
SUICIDE
& CRISIS
LIFELINE

line, formerly known as the National Suicide Prevention Lifeline. Veterans can press "1" after dialing 988 to connect directly to the Veterans Crisis Lifeline which serves our nation's Veterans, service members, National Guard and Reserve members, and those who support them. For texts, Veterans should continue to text the Veterans Crisis Lifeline short code: 838255.

Adult Protective Services

Do you have concerns that a senior, 60 or over, is being maltreated? Examples include physical harm/injury, neglect, self-neglect, financial exploitation, verbal/emotional abuse, sexual abuse. Contact the Abuse Hotline at 937-644-1010 Option 1

Senior Centers in Union County

Did you know that Union County has four Senior Centers for residents to socialize and stay active?

- Community and Seasoned Citizens located at 900 Columbus Avenue, Marysville Ohio. Contact 937.644.9801 or email the Activities Coordinator at casc@columbus.rr.com for more information.
- Pleasant Valley Senior Citizen located at 390 Allgyer Drive, Plain City, Ohio. Contact pleasantvalleyseniorcenter@gmail.com for more information.
- Richwood Civic Center, Inc located at 235 Grove Street, Richwood Ohio. Contact 740.943.2310 or email richwoodciviccenter@gmail.com for more information.
- Windsor and Community Seniors, Inc located at 376-C Rosehill Drive, Marysville, Ohio. Contact 937.644.8464 or activities@windsorseniors.org for more information.



SCAM ALERT - Learn About Tax ID Theft and How To Avoid It

www.usa.gov/ires-scams

Tax ID theft occurs when someone uses your Social Security number to file taxes and claim a tax refund. You may not know that your tax ID has been stolen until you:

- E-file your tax return and find that another return has already been filed using your Social Security number, or
- The Internal Revenue Service (IRS) sends a <u>5071C letter</u> to the address on the federal tax return indicating that tax ID theft has occurred.

Follow these steps to prevent tax identity theft:

- File your income taxes early in the season, before a thief can file taxes in your name. Also, keep an eye out for any IRS letter or notice that states:
 - 1. More than one tax return was filed using your Social Security number.
 - 2. You owe additional tax.
 - 3. You have had collection actions taken against you for a year when you did not file a tax return.
 - 4. You have had a tax refund offset.
 - 5.IRS records indicate you received wages from an employer unknown to you.
- Don't: reply to or click on any links in suspicious emails, texts, and social media messages. Make sure to <u>report</u> anything suspicious to the IRS.

Free Resources for Caregivers

Trualta is a free online resource that provides caregivers with new information and skills needed to manage care for a loved one in the home. Trualta delivers quick videos, articles, tip-sheets, and professional-level trainings that are tailored to meet the caregiver's learning style. Central Ohio Area Agency on Aging (COAAA) is partnering with Trualta to offer this resource at no cost to central Ohio caregivers



who live in COAAA's eight-county area (Delaware, Fairfield, Fayette, Fairfield, Franklin, Licking, Madison, Pickaway, and Union).

To learn more about <u>Trualta</u> and how to register, contact Tammy Smith, COAAA Caregiver Specialist, at tsmith@coaaa.org or call 614-645-7705.

is published monthly and mailed to Union County seniors and community members. If you would like to be added to the mailing list please contact Union County Senior Services at 937-644-1010 **Option 5**. If you would like to receive an electronic copy via email contact janell.alexander@jfs.ohio.gov.